



Nordkapen

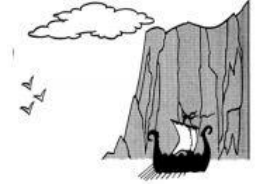
Nordkap Lodge 5-378 - Sons of Norway

The North Cape 71° 10' 21" North Latitude – The Top of Europe

A Congenial Society of Sons, Daughters and Friends of Norway

Organized August 10, 1929 – The first Sons Norway Lodge in Michigan

<http://www.DetroitNorwegians.com>



NORDKAP CALENDAR

Sunday, Oct. 22 – 4 p.m.
Members Gathering
The Swedish Club
22398 Ruth Street
Farmington Hills, MI

Saturday, Nov. 11, 10 a.m. – 4 p.m.
Scandinavian Market
The Finnish Center
35200 Eight Mile Rd.
Farmington Hills, MI

Sunday, Nov. 19 – 4 p.m.
Members Gathering
The Swedish Club

Nordkap 2023 Officers

President: Haley Vingsness
Treasurer & Scholarship Chair:
Carmen Collins
Secretary: Mary Morehead
Membership Secretary
& Sunshine Director: Carol Jehle
Social Director & Greeter:
Eli Viik Steyskal
Co-Cultural Directors:
Karen Herche & Magda Pecsénye
Sports Director: Cathy Johnson
Co-Youth Directors:
Yana Thompson & David Thompson
Foundation Director:
Derrick Hendricks
Co-Store Directors:
Natalie Vaal & Dennis Flessland
Editor & Publicity Director:
Louise Giles
Counselor: Bob Giles

Nordkap@DetroitNorwegians.com

Call and leave a message at
248-919-8355

Photos by Bob Giles,
unless otherwise indicated
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<https://www.facebook.com/groups/>

October 2023

Volume 93 Issue 6

Torsk, Meatballs & Krumkake in October

Just in time for the holidays!

Come to our October 22 gathering where Mary Morehead and her cooking class chefs will demonstrate how to make Krumkake, the Norwegian cookie traditionally made for the Christmas season and often filled with whipped cream and fruit. Yum!



We'll get step-by-step

instructions from fellow members who polished their skills under Mary's expert supervision. After the demonstration, members will be able to make some Krumkake themselves.

Before sampling these delicious treats, we'll sit down to a traditional meal of torsk (codfish), meatballs, and all the trimmings, prepared by Dennis Flessland, the honorary consul of Norway to Michigan.

The event will also include:

- An update on officer nominations for 2024. (If you want to place your name in nomination, this would be a good time to speak up.)
- A salute to Sons of Norway Foundation, which funds activities that preserve and promote Norwegian heritage.
- An report on our work to revise our outdated Nordkap Lodge Bylaws.

Our gathering will begin at 4 p.m. on Sunday, October 22, at the Swedish Club at 22398 Ruth Street in Farmington Hills.

Hope to see you there!



GRATULERER MED DAGEN!

October Birthdays:

Emily Barnes, Gerald Bayer, Simon Bryhn, Bob Giles, Kaitlyn Hattenberg, Eric Hetland, Katherine Hildre, Kristen Injerd, Michael Jarasz, Carol Jehle, Cathy Johnson, Hans Jorgensen, Roy Marvel, Colin Miller, Erik Scharf, Trish Skorpen, Diane Stanard

Sunshine Updates



This little house was spared! When a tornado ripped through **Eli and Roy Steyskal's** property in Fowlerville, Michigan, on Aug. 24, many mature trees were lost, and electrical poles snapped in two.

But miraculously, Eli and Roy's house was saved--and so was the tiny birdhouse with the Norwegian flag roof painted by Mary Morehead.

Best wishes to **Nancy Redilla!** As this newsletter was written, Nancy was recovering in the McLaren Regional Hospital in Lapeer from a cut in her leg that developed into an open wound and cellulitis. She was receiving physical therapy and hoped to get home soon.

Nordkap Is Looking for Leaders – Like You

Our nomination committee of Chair **Haley Vingsness, Louise Giles,** and **Carol Jehle** is developing a tentative slate of nominees to run for election as Nordkap officers for 2024.

The prospective nominees to date are:

President: Haley Vingsness
Vice President: Heather Vingsness
Treasurer & Scholarship Director: Carmen Collins
Secretary: Mary Morehead
Membership Secretary & Sunshine Director: Carol Jehle
Social Director & Greeter: Eli Viik Steyskal
Cultural Director: Karen Herche
Sports Director: open
Co-Youth Directors: Yana Thompson and David Thompson
Foundation Director: Derrick Hendricks
Co-Store Directors: Natalie Vaal and Dennis Flessland
Editor & Publicity Director: Louise Giles
Counselor: Bob Giles

We will review this roster at our gathering on October 22, when more nominees will be sought. We urge you to seriously consider taking on the responsibility as an officer to ensure the continued success of our lodge.

If you would like to seek a Nordkap office, please email: Nordkap@DetroitNorwegians.com or call and leave a message at 248-919-8355.

Nordkap Revises its Bylaws—Again!

The Bylaws that govern Nordkap lodge have been newly revised, in accordance with the current guidelines by Sons of Norway.

The updated document is provided with this newsletter for you to review at your leisure. We will discuss the revised Bylaws at our October gathering and vote to approve them in November. Then we seek final approval by the Sons of Norway International in Minneapolis.

If all this sounds familiar, it should. Our lodge's Bylaw Committee—Carmen Collins and Louise Giles—drafted revised bylaws last year, according to the template and instructions from International we had at that time. We even approved them at our lodge. But before our document could gain final approval from Minneapolis, the Sons of Norway rewrote the template for local bylaws. So it was back to the drawing board for us! (Things got easier the second time around.)

This time, we think it will stick. So please bear with us as we work to complete this process this year.

We Return to the Scandinavian Market with Imports & Meatball Dinner

Come to the Scandinavian Market on Saturday, November 11, to enjoy Nordkap's popular meatball dinner and get an early start on your Christmas shopping.

Nordkap's meal includes meatballs, potatoes, red cabbage, cucumber salad, flatbread, and a choice of coffee or lemonade. Norwegian waffles will also be available.

We'll also have a variety of Norwegian imports for sale.



SCANDINAVIAN MARKET
SATURDAY, NOVEMBER 11, 2023
10 AM – 4 PM
at
Finnish Center Association
35200 W. Eight Mile Road, Farmington Hills, MI 48335
(248) 478-6939 or (734) 834-6085

Public Welcome
\$2 donation at the door

Featuring:
Imports from Norway, Sweden, Finland, Denmark and Iceland as well as Scandinavian art and food, UP recipe pasties, pulla and nisu, decorative arts and crafts, clothing, books, pottery and more.....
FinnFolk will provide music throughout the day.

Our participation depends on volunteers like you! If you can help serve the meal or staff our import table, contact Carol Jehle at jehlecarol@yahoo.com .

Please Save the Date: Nordkap's November 19 Members Gathering

This gathering is a warm-up to Christmas, with two special events scheduled:

Cookies for College -- a Norwegian Christmas Cookie Scholarship Fundraiser. Donate and buy cookies to raise money for our 2024 Nordkap Scholarship Fund.

Norwegian Heart Ornaments -- instructions in the craft of making *julekurver*, small heart-shaped ornaments in paper or red felt. These traditional ornaments are often filled with candy and given at special events, like showers or weddings, or hung on Norwegian Christmas trees.

We'll see you at 4 p.m. on Sunday, November 19, at the Swedish Club at 22398 Ruth Street in Farmington Hills.



We Host another Successful Steak and Corn Roast for the Swedes!

We pulled another rabbit out of the hat—well, more like beef and corn—when Nordkap hosted the Steak and Corn Roast at the Swedish Club in Farmington Hills on September 10. Our lodge puts on the annual event as a way of thanking the Swedes for renting us their beautiful clubhouse for our gatherings. The meal is also a fundraiser for the Swedes.

We prepared and served a grilled New York Strip Steak with roasted corn, fresh tomatoes, cole slaw, cucumber salad, baked beans, pickled herring, garlic bread, brownies, ice cream, and coffee—all for the great price of \$20.

Kudos to the organizers who planned and made it happen: Mike Jarasz, Haley Vingsness, and Bob Giles. Many thanks also for the support of many hard-working volunteers: Carmen Collins, Carol Jehle, Louise Giles, Karen and Lynn Herche, Eli Steyskal, Bryant and Bette Clary, Russ Simms, and Mary Morehead.

Wrapping it up, President Haley delivered a report on news from Norway and Mary presented Swedish Club President Dan Nelson a birdhouse with the flags of Norway and Sweden on the roof. Yes, the same kind of birdhouse that's apparently tornado-proof!



Nordkap Volunteers receive thanks from the Swedes.



Mike Jarasz & Haley Vingsness enjoy the meal.



Mary Morehead presents gift to Dan Nelson, with Bob Giles.



Lt. to rt: Natalie Vaal (with Lewis), Louise Giles, Kathleene Thomson, Eli Steyskal, Carmen Collins, and Mary Morehead. Not pictured: Connie Hart and Bob Giles

Plans Shape Up for Christmas Party—Auction Donations Still Needed!

Your Nordkap Christmas Party Committee has been hard at work, planning an enjoyable event at a brand new location for us: the Kilgour Scottish Centre in Troy, Michigan. As seen here, the committee—with some helpers—met recently with the Hall Manager, Kathleene Thomson, to go over details for the December 10th party.

Much more information will come in the next few weeks. Meanwhile please remember that a big part of the Christmas party is the silent auction that benefits the Nordkap Scholarship Fund.

We need your donated goods—preferably those with a Norwegian theme or origin—for our auction tables. Please bring your items to our October or November gatherings or to the Scandinavian Market in November and give them to auction chair Carmen Collins or Louise Giles.



The Kilgour Scottish Center, on the left, will be the location for our December 10 Christmas Party.

A Letter from President Haley Vingsness:

Dear Nordkap members,

I'm thrilled to be reuniting with all of you after our summer break. I saw so many friendly faces at the Steak & Corn Roast we hosted for the Swedish Club. Thank you for your support! Thank you for helping us support them! Our clubs are stronger together. There's so much we wouldn't be able to do without the Swedish Club.

This month, join us in learning the art of Norwegian

baking! We will be learning from wunderkind Mary Morehead and her talented proteges. There's something truly special about recreating the flavors and aromas of our heritage in our own kitchens ... and the Swedish Club's kitchen too!

Did your family have their own secret family cookie recipes? Why not try to resurrect a hidden gem? Now is a great time to experiment before the pressure of the holiday baking rush. I have zero baking talent, so baking 7 types of cookies is intimidating. This year I'm hoping to lock down at least one! (Everyone starts somewhere, right?) I'm excited to pick up some tips & tricks.

Our November meeting will feature a cookie exchange fundraiser for the lodge's scholarship. I would love to celebrate with you as you unveil a family recipe that you've been meaning to try out! Let's make this year's cookie exchange a memorable one.

Looking forward to our delicious journey ahead, and the wonderful memories we'll create together.

**Warmest regards,
Haley Vingsness**

Celebrate Leif Eriksson Day on October 9

(From Viking Cruises newsletter)

Each October we honor Leif Eriksson, the Viking explorer who ventured into uncharted waters around 1000 AD and became the first European to reach North American soil.

Sailing in an iconic Viking longship, Eriksson courageously navigated the treacherous North Atlantic, discovering lands like Vinland, now known as Newfoundland, in Canada. His legacy is a testament to the bravery and daring of the early Viking explorers who paved the way for future discoveries and dramatically shaped the course of history.



First Selection Declared a Hit by Nordkap Book Club Members!

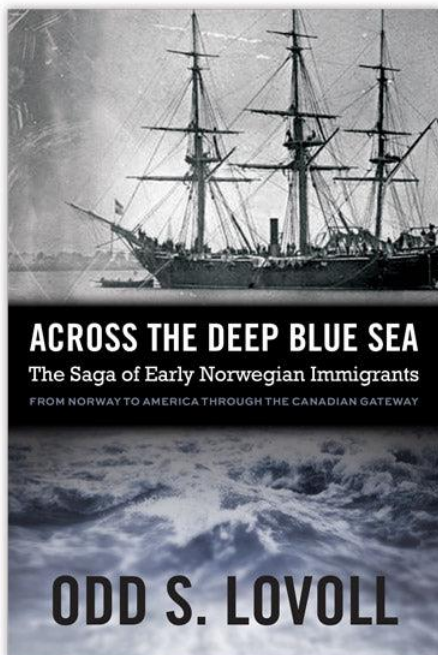
It was all thumbs up when the Nordkap Book Club met October 1st to discuss the first in its series of non-fiction books for the fall.

The book was ***Kon-Tiki: Across the Pacific in a Raft*** by famed Norwegian explorer Thor Heyerdahl. Intrigued by Polynesian folklore, biologist Heyerdahl suspected that the South Sea Islands had been settled by an ancient race from thousands of miles to the east, led by a mythical hero, Kon-Tiki. He decided to prove his theory by duplicating the legendary voyage.

In our Zoom discussion led by **Magda Pecsénye**, we found that everyone loved the book -- although some found the detailed descriptions of nautical procedures hard to follow. Yet reading about the adventurous spirit of the explorers and their exciting journey overcame any doubts about the overall appeal of the book. We hardily recommend *Kon-Tiki*!



Nordkap Book Club on Zoom (Screenshot by Mary Morehead)



Next up will be our discussion of ***Across the Deep Blue Sea: The Saga of Early Norwegian Immigrants*** by Odd S. Lovoll.

The book investigates a chapter in Norwegian immigration history that has never been fully told before. Odd S. Lovoll relates how Quebec, Montreal, and other port cities in Canada became the gateway for Norwegian emigrants to North America, replacing New York as the main destination from 1850 until the late 1860s. During those years, 94 percent of Norwegian emigrants landed in Canada.

The date for the Zoom conference to discuss this book has changed. The new date is Sunday, December 3rd, at 7 p.m.

The Zoom link is the same for all meetings: <https://us02web.zoom.us/j/81669961927>.

The Finns Continue their Nordic Heritage Folk Dance Sessions

There's still time to put on your dancing shoes and join the Nordic Heritage folk dance practices.

The remaining 2023 practices (that don't conflict with Nordkap's gatherings) are:

- Sunday, October 1, at the Finn Camp Dance Hall, 2524 Loon Lake Road, Wixom, Michigan
- Sunday, October 29, at the Finnish Center Association, 35200 W. Eight Mile Road, Farmington Hills.

All practices begin at 2:00 pm with a "family-style" practice where both children and adults learn folk dancing together for the first hour. The next hour or longer is for adults where the folk dances can become more challenging depending on the participants.

If you have any questions please email Glendene Thornbloom at gathorn4@gmail.com or the FCA at finnishcenter@gmail.com



Folk dancers on September 10 included Nordkap's David and Margarita Thompson, seen on the left in the 2nd row.

(FCA newsletter photo)

NORDKAP LODGE 5-378

c/o Louise Giles

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