



# Nordkapen

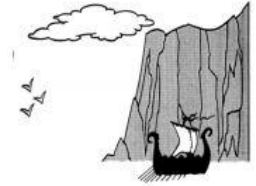
Nordkap Lodge 5-378 - Sons of Norway

The North Cape 71° 10' 21" North Latitude – The Top of Europe

A Congenial Society of Sons, Daughters and Friends of Norway

Organized August 10, 1929 – The first Sons of Norway Lodge in Michigan

<http://www.detroitnorwegians.com>



June 2016

Volume 86 Issue 5

## 2016 NORDKAP EVENTS

**June 21** – St. Hans/Midsummer celebration, 6 pm, Farmington Heritage Park

**July 16** – Farmington Founders Festival Parade, 9 am

**July 31** – Tigers baseball game at Comerica Park, 1:10 pm

**September 11** – Steak and Corn Roast benefit at the Swedish Club, 1 pm

**October 23** – Lodge Meeting, 4 pm at the Swedish Club

**November 12** – Scandinavian bazaar, 10 am to 4 pm at the Finnish Center

**November 20** – Lodge Meeting, 4 pm at the Swedish Club

**December 11** – Christmas party, 2 pm at Western Golf and Country Club



**Midsummer Bonfire!**  
(Bob Giles photo)

## CELEBRATE MIDSUMMER WITH NORDKAP ON JUNE 21

Midsummer Eve, called Sankthansaften or St. John's Eve in Norway, celebrates the longest day of the year in the Northern Hemisphere, the summer solstice. The day has particular importance in Scandinavian countries, which endure long dark days of winter, with the sun barely rising above the horizon in their northernmost regions.

The celebration predates Christianity and is likely related to ancient fertility practices and ceremonies performed to ensure a successful harvest. The holiday was later rededicated to honor St. John the Baptist in Christian times. Although the meaning of the holiday has changed, some pagan customs still persist, such as the bonfires, which originally were believed to ward off evil spirits, and the focus on nature, which harkens back to when plants and water were thought to have magical healing powers on Midsummer's Eve.

Nordkap Lodge's midsummer celebration is set for 6 p.m. Tuesday, June 21, at Heritage Park in Farmington Hills. Holding to ancient Norsk traditions, we will:

- Take a 6:00p.m. "Viking Walk" through the park's wooded hills.
- Roast hot dogs over our bonfire in the fire pit at 6:30.
- Burn a paper witch after dinner to fend off bad memories from the previous year and clear the way for good fortune. Many thanks to our witch makers this year, Sue Schotts, Gladys Baldwin, and Carol Jehle!
- Finish the day by acting out Geir Gronstad's staging of the tale of the clever Three Billy Goats Gruff. The bridge under which their nemesis, the troll, resided just happens to look a lot like the bridge at our Heritage Park site where this re-enactment will take place!

You will find us at Heritage Park at 24915 Farmington Road just south of 11 Mile in Farmington Hills. Meet at the Campfire Ring in front of the Nature Center. Members are asked to bring side dishes or desserts to share and lawn chairs. This event replaces our June meeting.



## GRATULERER MED DAGEN

### June

David Ray Bryhn, Sheryl Dalton, Ronald Greenough, Ernest Halvorson, Jeff Hatteberg, Maureen Hatteberg, Adrienne Shepard, Samuel Trupiano, Edward Vingsness

### July

Gladys Baldwin, Monica Dowhan, Arnold Hagen, Wendy Marko, Mary Morehead, Judith Rutkowski, Ana Gjesdal Skidmore, Jeannine Sturgeon, Erik Vingsness



**Parade Troll (Sonja Gronstad)**  
Photos by Bob Giles

## COME PARADE WITH US ON JULY 16

**You're Invited:** Nordkap members along with their kids, grandkids, and friends are invited to join our parade unit as we march with our friends from the Swedish Club in the Greater Farmington Founders Festival parade on Saturday, July 16.

**What:** The parade is part of a four-day weekend festival, celebrating the unique Quaker heritage of Farmington, founded in 1824 by Arthur Power, a Quaker from Farmington, New York. The Swedish Club, where Nordkap holds its meetings, is located in Farmington Hills. Nordkap has been proud to celebrate its Farmington connection for years, marching down Grand



River Avenue in front of the Swedish Club's giant Viking helmet float.

**Swedish Club's Viking helmet float**

**Where:** If you've never been in a parade, this is an easy, fun place to start. The parade route is just one mile long and mostly downhill. It begins on Grand River Avenue, just south of Power Road, and proceeds north on Grand River, ending up just past Farmington Road in the heart of Downtown Farmington. Park at the Swedish Club or Farmington High School and walk over to join us.

**When:** We form up shortly before 9 a.m. on Grand River Avenue, between Orchard Lake and Power roads.

**Parade Apparel:** Wear your red Detroit Norwegians T-shirt, if you have one. Horned helmets and Norwegian flags always appropriate!

**What Else?** When the parade is over, if you have time, there are many interesting things to explore such as the Crafters Marketplace, Farmers and Artisans Market, and unique Downtown Farmington shops and boutiques. You can also take tours of the historic Governor Warner

Mansion, which will be offering a giant flea market, pony rides, and petting zoo, among other attractions, just for the day.



**Geir Gronstad displays T-shirt**



## SUNSHINE UPDATES

Best wishes to Karin Arneson and husband Winfield who continue to deal with health challenges and to Carol Jehle, who's making progress but still experiencing difficulties stemming from knee replacement surgery.

If you know of a member who has achieved a special goal or who needs some cheering up, please contact editor Bob Giles at [BobGiles@New CarNews.tv](mailto:BobGiles@NewCarNews.tv).

### **2016 Officers**

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Louise Giles

**Vice President:**

Elsa Jorgensen

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**Treasurer:**

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## TIGERS BASEBALL OUTING SET FOR JULY 31ST

Back by popular demand, Nordkap's third annual group outing to a Detroit Tigers baseball game has been set, with 30 people scheduled to attend on Sunday, July 31st, when the Tigers play the Houston Astros at Comerica Park at 1:10pm.

Although not originally on Nordkap's calendar, the baseball outing was quickly set up after several members approached organizer Bob Giles at the Constitution Day celebration on May 14th and asked him to again schedule a Tiger game for Nordkap's members.

Participation was solicited via an e-mail blast, so a desirable block of seats could be speedily secured for our purchase. If you are not currently receiving e-mails from our lodge and would like to do so, please provide your e-mail address to [BobGiles@NewCarNews.tv](mailto:BobGiles@NewCarNews.tv).



*Nordkap's Tiger fans at Comerica Park in 2015*

## SCHOLARSHIP DEADLINE IS JUNE 30

Remember the deadline to apply for college scholarships from Nordkap Lodge is June 30. Learn more at our web site: <http://www.detroitnorwegians.com/scholarship.html>.

## NORDKAP BUSINESS CARDS NOW AVAILABLE

Want to pass along information about Nordkap Lodge to friends or family? Nordkap now has printed business cards that you can use with basic information about the lodge. Please see President Louise Giles at our next meeting to get your supply of cards.





## PRESIDENT'S COLUMN

Finally, summer is arriving in Michigan! Well...almost arriving. The official start is the Summer Solstice or Midsummer later this month. And if you have Norwegian blood—or just identify with Norway—you know that this is cause for celebration...BIG TIME celebration, as the Dark Time of winter has finally been overcome and vanquished by the sun. You can mark this milestone of summer in true Norwegian fashion by joining Nordkap on June 21 for our Midsummer celebration at Farmington's Heritage Park. See the story on page 1 for details.

Our lodge celebrated another important event in May with our Norwegian Constitution Day festivities at the Swedish Club in Farmington Hills. This most important day in Norway is often marked with a display of flags, national dress and national anthems, Scandinavian music, parades, patriotic speeches, traditional picnic foods like pølse (hot dogs), ice cream on a stick, sumptuous desserts, and games for kids and adults alike. Well, we had them all—plus some embellishments of our own, like Norwegian movies, balloon animals, Torgy's 50/50 Raffle, a "cod toss" with fish-themed prizes, and silent auction of a Kransekake (almond ring cake).

I'm pleased to report that the winner of the 50/50 was Connie Hart. Karen Herche submitted the winning silent auction bid for the Kransekake. And, the adult winners of the cod toss were Bonnie Ross of Flat Rock for women and Mark Collins of Walled Lake for men. Mark also took home the Grand Prize (the "Oh My Cod" plaque) for the longest toss of all competitors. (See photo.)

Our revelries attracted many guests, including a number of Norwegian nationals who had not visited us before. I believe we did Norway proud, and everyone found something to their liking.



It all happened because of our hard-working volunteers, to whom, again, a debt of gratitude is owed. At risk of missing someone, I will thank volunteers: Malcolm Alestra, our hot dog chef; Marge Sorensen, organizer of the dessert buffet; Jennifer Vingsness, children's games coordinator (assisted by son Erik and daughters Haley and Heather Vingsness and Sonja Gronstad); Bob Giles, chief cod toss wrangler (assisted by Erik Vingsness and Charlotte Duus); flag-bearers Erik and Haley Vingsness and Derrick Hendricks; Stacey Torgerson and Sheryl Dalton, Torgy's Raffle coordinators and guest hostesses; Heather Vingsness and Jarrod Brown, distributors of national anthem lyrics; Geir Gronstad, A/V coordinator for the map of Norway and Norwegian movies; Dennis Flessland, consul of Norway to Michigan and keynote speaker; Jan Flessland, Norwegian waffle chef; Karen and Lynn Herche, general store and lunch ticket salespersons; Norm and Judy Kirsch and Zoe Hekneby, general store salespeople; Elsa Jorgensen, general store coordinator and lunch ticket sales; Scandinavian musicians Steve Niemi, Jenny Burke, Don Reinhom, and Roger Hewlett; Mary Morehead and Carmen Collins, makers and contributors of the Kransekake for the auction; and all those who donated desserts, including Dennis and Jan Flessland, Karen Herche, Judy Kirsch, Marge Sorensen, Geir Gronstad, and me. Very special thanks to Swedish Club President Dan Nelson for making the club and grounds look perfect for our big day-- and to Carol Jehle, who managed to get us all organized before taking time out for knee replacement surgery!

Med vennlig hilsen (With best regards),  
Louise Giles

## **SINGERS FROM SWEDEN TO PERFORM IN ANN ARBOR**

The Young Swedish Singers, a 34 member gospel singing group from Hassleholm, Skane, Sweden, will appear in concert at Zion Lutheran Church, 1501 W. Liberty Street in Ann Arbor on Thursday, June 30th at 7:00 PM. Admission is free, but donations will be accepted at the concert for Shepherd's Canyon Retreat, a non-profit ministry providing counseling retreats for clergy and their spouses.

The Young Swedish Singers' concert, sung mostly in English, will include gospel, hymns, and Swedish folk music.

This youth choir, founded by Director



Birgitta Roslund in 1991, comes from a very musical Lutheran church in the far south of Sweden. Choir members range in age from teenagers to young adults. This is their sixth tour in 14 years.

The group's 2016 tour includes stops in Illinois, Missouri, Kansas, Indiana, Michigan, and Ohio from June 16 – July 3, and will see the singers making 16 church appearances and participating in two Swedish festivals. Along the way, the choir members will be hosted by approximately 300 families who enjoy the cultural exchange.

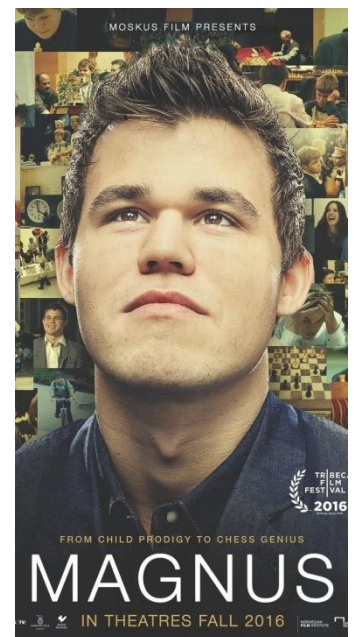
## **NORWEGIAN CHESS CHAMPION MAKING DEBUT AS MOVIE STAR**

Fresh from his recent victory in the Norway Chess tournament, expert player Magnus Carlsen can now start concentrating on defending his World Championship title this fall – and making his debut as a movie star.

The film simply entitled *Magnus* will have its premiere in Norway on September 2. It already attracted broad interest when it was shown in April at the Tribeca film festival in New York. Even before the festival began, the film had been sold to 15 countries including Germany, China, Belgium, and Austria in addition to several of the Nordic and Baltic countries.

The film, produced by Norwegian Sigurd Mikal Karoliussen and directed by Benjamin Ree, has been two years in the making and tracks Carlsen's life from childhood to when he first won the World Chess Championship in 2013. Karoliussen told iTromsø, "You can say it's a family film, where Magnus' family is as central as Magnus himself."

The film includes Carlsen's history of being bullied in the ninth grade. Carlsen's father, Henrik Carlsen, said it was hard to see his son be the object of bullying, but claims he got over it quickly "and maybe got stronger because of it." He hopes other people who were bullied might find some strength from his son's experience, too.



## **NORWAY INTRODUCES NEW FORM OF LEISURE – SLOW TV**

Norwegians are taking a break from fast-paced everyday life with the innovative form of television programming known as Slow TV. Now with its latest installment, viewers can sit back and relax while enjoying 12 hours of non-stop footage of maelstroms and wave cycles from the strongest tidal current in the world.

The newest Slow TV segment, developed by Norwegian public broadcaster NRK, highlights the Saltstraumen strait near the city of Bodø. Using 12 cameras over 12 hours, the team captured footage of the entire tidal cycle, with currents that can reach speeds of around 25 mph. The million viewers who watched the program on May 7 learned fun facts about the Saltstraumen strait, as well as bits of history, physics, and geology.



The first Slow TV segment had over 1.6 million Norwegian viewers. The original concept was created over a simple lunch meeting – NRK employees discussed what a shame it

would be to lose all of the extra footage gathered for a documentary about the Bergensbanen train line. Instead, it was decided to air the train footage, nonstop and unedited, for viewers to enjoy. Since then, other Slow TV specials have aired.

After discovering the concept's success, NRK decided to shoot the Hurtigruten voyage minute by minute, capturing 134 hours and 42 minutes of footage. The segment became a national event, with 3.2 million viewers tuning in and residents from all over the coasts meeting the ship as it passed by. Other segments have ranged from *12-hours of nonstop knitting* and *an evening-long special on firewood* to the 9-hour *Nordlandbanen train journey*. NRK has kept audiences glued to their TVs with these relaxing, slow-paced broadcasts.

“I don't think we are particularly stupid or weird in Norway to like this sort of thing,” said Thomas Hellum, production manager at NRK, in an interview with the Guardian. “I really think it could work in other countries.”

Proving true to Hellum's belief, the Slow TV format is catching international attention as well – U.S. production company LMNO Productions has acquired the rights to remake NRK's Slow TV format in the United States, and programs similar to Slow TV have been aired on BBC4 in England, which can be viewed at <http://www.bbc.co.uk/programmes/p02q34z8>.

The most recent broadcast, “Saltstraumen minute by minute,” can be viewed online at <https://tv.nrk.no/serie/saltstraumen-minutt-for-minutt>. Or, to watch some of the previously aired Slow TV segments, visit the [NRK website](#).



# MEMORIES OF NORDKAP'S 2016 SYTTENDE MAI CELEBRATION



(Photos by Bob Giles)



## **AMISH OATMEAL CAKE RECIPE**

*Among the many luscious desserts donated for the dessert buffet at our Norwegian Constitution Day celebration, one curious item that attracted special attention was the Amish Oatmeal Cake prepared by Marge Sorensen. It's not a Norwegian dessert, but several people found it greatly to their liking and requested the recipe. Marge has kindly obliged:*

### **CAKE:**

1 cup Quick Oats  
1 ½ cup boiling water  
1 stick melted margarine

**Stir to combine – let cool 8-10 minutes.**

**Then add to cooled oatmeal mixture:**

1 cup brown sugar  
1 cup white sugar  
1 ½ cup flour  
1 tsp baking soda  
1 tsp vanilla  
2 eggs

**Mix well. Put in 9x13 greased pan.**

**Bake at 350 for 30 to 40 minutes.**

### **TOPPING:**

1 cup brown sugar  
1 cup shredded coconut  
¼ cup milk  
4 tablespoons butter

**Combine and spread over cake. Broil for approximately 3 minutes.**



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## **NORDKAP LODGE 5-378**

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